

Exposure - outside of school - Quarantine

Summary guidance

Exposure day counts as day zero

- **Unvaccinated**
 - [Stay home](#) (PDF) for at least 5 days, after your last contact with a person who has COVID-19.
 - Test on day 5.
 - Quarantine can end after day 5 (day 6 or later) if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
 - This can be an At-Home test Rapid Antigen
 - Parent can email test results
 - If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
 - Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information).
 - If testing positive, follow isolation recommendations above.
 - If symptoms develop, test and stay home.
 - Should symptoms develop, this is considered “presumed positive” and the positive process of 10 day Isolation will begin.
 - May return day 6 with a negative test taken on day 5 and no or improved symptoms

- **Vaccinated:** Completed the [primary series](#) of COVID-19 vaccines OR were previously infected with (laboratory confirmed) SARS-CoV-2 within the last 90 days
 - Test on day 5.
 - Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)
 - If testing positive, follow isolation recommendations above.
 - If symptoms develop, test and stay home.
 - Should symptoms develop, this is considered “presumed positive” and the positive process of 10 day Isolation will begin.
 - May return day 6 with a negative test taken on day 5 and no or improved symptoms