

**Below are some frequently asked questions to help provide clarity on the most recent CDPH Guidelines:**

1. Do the new revisions to the CDPH Guidelines mean no one will quarantine unless they are symptomatic?
  - a. Quarantine guidelines for students are different for school exposure and community (outside of school) exposure. The answer also may depend on vaccination status.
  - b. Please refer to the guidelines that matches your situation
  
2. Is there a difference in the CDPH Guidelines between school exposure from community exposure?
  - a. Yes. CDPH treats these differently because scientific research and experience from around the country demonstrate that when both parties are wearing facemasks appropriately at the time of a school-based exposure to COVID-19, in-school transmission is unlikely and students can safely continue in-person learning. When students remain in school after exposure because the student and the individual with COVID-19 were wearing masks appropriately, this is called modified quarantine.
  
3. If a vaccinated student is exposed to a positive family or community member may they attend school as long as they are asymptomatic?
  - a. A vaccinated student (completed the [primary series](#)) may continue to attend school as long as they do not develop symptoms.
  - b. They should test on day 5 after exposure.
  - c. Household members that are positive should isolate from the rest of the household members, when possible, to limit exposure.
  - d. If the student develops symptoms, the student will be presumed positive and will need begin 10 day isolation. Student may return on day 6 from the start of the student's symptoms, with a negative test taken on day 5 and no or improved symptoms.
  
4. If an unvaccinated student is exposed to a positive family or community member may they attend school as long as they are asymptomatic?
  - a. No. An unvaccinated student exposed to a positive family member must quarantine and follow the guidelines for "outside of school" exposure
  - b. If the family member lives in the same household, the start of quarantine for the student begins when the positive family member completes quarantine (either a negative test after day 5 or the completion of 10 days).
  - c. The student's quarantine may begin sooner if the family household member is able to effectively isolate themselves from the student. See [Self Isolation Instructions](#)
  
5. Does this mean that children who have been asked to stay out for 10 days because they are presumed positive cannot return on Tuesday January 18, 2022 with a negative COVID test?
  - a. If our nurse has not contacted you over this weekend, please connect with your school to discuss your specific situation.
  
6. The CDPH guidance to minimize quarantine is for vaccinated or previously infected children in the last 90 days. If I'm reading their new guidelines correctly, it's recommended to continue with quarantine for those not vaccinated or without a recent Covid infection. Can you clarify?
  - a. Students who are vaccinated or previously positive within 90 days do not have a requirement to quarantine, but it is recommended to test 3-5 days after exposure.
  - b. The quarantine process for unvaccinated students depends if the exposure occurs in school or outside of school (community).

- i. If the exposure occurs in school, the student may remain in school following the “modified quarantine” process (see “Student At School Exposure” document).
    - ii. If the exposure occurs outside of school, the student would need to be in full quarantine and may test out of the quarantine protocol with a negative test on day 5 or later and return the day following the negative test. The student would need to continue to monitor for symptoms for the remaining 10 days.
  7. Has your legal team advised you on how to implement the revised CDPH Guidelines?
    - a. Our legal team has advised us to follow all recommended guidelines from CDPH and EDCPH.
  8. What is the district’s isolation and quarantine stance vs. the CDPH guidelines? Are they different or the same?
    - a. Our stance has always been to follow all of the CDPH Guidelines.
  9. What do we do if we feel our specific situation is not addressed in the CDPH Guidelines or the district’s communications?
    - a. It is important for families and staff to speak up if they feel we are making a mistake or providing incorrect guidance. As noted earlier, our intent has always been to follow all of the CDPH Guidelines.
    - b. Please contact your school site with any questions you have.
  10. It appears that the district is adopting the newly released Group Tracing approach. Is that correct? If so, I’m confused about the 2nd bullet in the district email dated January 15, 2022 that states that exposed students may stay in school so long as they remain asymptomatic. It does not mention testing as a component of exposed students staying in school. However, the Group Tracing document states in part: Exposed students who participate in testing may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. They should test as recommended in Section (2). It appears to me that testing is a required component of participating in school. Can you please clarify the district’s plan to comply with this provision of the guidance?
    - a. Rescue will utilize the Group Tracing Approach when deemed appropriate.
    - b. For the MVMS families that received a notification on January 15, 2022 from Principal Cambridge:
      - i. Our email for those identified in the Marina Village Group Tracing includes a request to test at home or complete the survey to request testing at school (see below for statement included in our email).

*Your child should get tested for COVID-19 as soon as possible, or if your child starts to show [symptoms](#). Your child may get tested at Marina Village on Tuesday, January 18, 2022 by completing this [SURVEY](#) or by [clicking here to find a testing site near you](#). An over-the-counter (at-home) tests may also be used.*
    - c. Our intent is to follow all recommendations provided by CDPH.
11. How will the district verify the accuracy of COVID tests performed at home without district supervision?
  - a. CDPH does not require “district supervision” for At-Home Antigen testing.
  - b. The District is requesting an email photo of the test results.
12. Did anything change for Rescue staff since they are under CalOSHA Guidelines?

- a. CalOSHA recently updated the ETS (Emergency Temporary Standards) with the current CDPH Guidelines, so there are changes that apply to staff and we will be communicating those changes to them.
13. Can a vaccinated kid who is at home with a sick parent attend school?
- a. They may remain in school so long as they remain asymptomatic and have completed the *primary series* of COVID-19 vaccine.
  - b. It is recommended they test day 5 of exposure.
14. Can students who are testing to stay in school (modified Q) now participate in extracurricular activities?
- a. Students in Modified Quarantine cannot participate in extracurricular activities. However, Group Tracing is a more proactive approach in notifying and recommending testing all students in the classroom. Those students that are part of “Group Tracing” may continue to participate in extracurricular activities, including sports so long as they have tested negative and remain symptom free.